

Cancer Support and Survivorship Services



August and September 2024 Featured Classes & Programs

Registration is required for all programs. Programs vary between virtual, in-person, and both. Details including in-person directions and virtual log-in will be emailed when you register.

Breast Cancer Support Group

Tuesday, Aug 6, 6:00 – 7:00pm

In-Person at Mount Carmel Grove City and Virtual on Teams

Join fellow breast cancer survivors for a presentation by Dr. Christine Habib, MD.



Dr. Christine Habib



Dotty Flower Garden

Inspiring U

Thursday, Aug 22, 6:00 – 8:00pm

In-Person Only at Inspiring U in Westerville

Participants will make flower garden paintings using dot painting techniques. This soothing and easy painting technique is a great way to relax with fellow survivors.

Prostate Cancer Support Group

Thursday, Sept 12, 6:00 – 7:00pm

Virtual Only on Teams

ZERO Prostate VP of Government Relations and Advocacy, Ali Manson, will join us along with a fellow prostate cancer survivor turned advocate. They will plan to speak about Local Advocacy efforts and some of the drugs that due to the funding from ZERO's National Advocacy efforts have come to market.

Art Therapy – “Utilizing Art-Making to Foster Hope”

Wednesday, Sept 18, 6:00 – 7:00pm

In-Person Only at Mount Carmel Grove City

Cancer Support Community and Mount Carmel are collaborating to bring you an art therapy experience. Jen McHale, MS, ATR-BC, LICDC will guide participants through a couple of art making activities that will encourage each participant to express their thoughts and feelings related to their identity as cancer survivors, no matter where they are in their journey. Jen will facilitate a supportive group discussion to foster a sense of community. No artistic ability required (everyone can be creative!) art materials are included.

Weekly Exercise Offerings

Chair Yoga

When: Tuesdays, 1:30 - 2:30 p.m.

Where: Virtual Only on Zoom



Scan or click to register.



Funding is made possible through generous donations to the Mount Carmel Foundation.