



MOUNT CARMEL  
Foundation

A Member of Trinity Health



# PEOPLE FIRST 2024

## COMMUNITY IMPACT REPORT



# PEOPLE F1RST

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## Thank you!

Generous donors make our work possible and we could not be more grateful for their support. One hundred percent of all donations to the Mount Carmel Foundation go directly to programs and services.



# 2024 COMMUNITY IMPACT REPORT



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## Dear friends,

Embracing and welcoming change – in approach, in leadership, in care delivery – is essential in healthcare and the philanthropy that supports its life-changing programs and services. At Mount Carmel, we strongly pursue opportunities to innovate for our health system, for our community and for all of you. Everything we do is focused on improving the lives of those we serve.

While advancement and change are the hallmarks of healthcare, the essential elements of our mission remain steadfast – to bring hope, healing and compassionate care to all, including those who need it the most. We simply could not do this without your support, and we are grateful for what you have helped make possible.

This annual Community Impact Report highlights just a few of the tens of thousands of individuals who have been impacted by your generosity to the Mount Carmel Foundation.

### Our priorities in FY24 included:

- Support for the Mount Carmel Dublin Health and Medical campus, scheduled to open in April 2025
- Community Health and Well-being, including the von Zychlin Healthy Living Center and Street Medicine, which provide programs, services and care for those experiencing poverty
- Scholarships for Mount Carmel College of Nursing (MCCN) students
- Hospice and bereavement care and services

You'll learn more about the impact of these programs, and many others, including cancer services, trauma care and much more in this report. In addition, we're highlighting the new strategic plan for MCCN, our amazing 30-year partnership with Emergency Services, Inc., and the physicians, nurses, colleagues and volunteers who help bring our mission to life.

One of the most impactful changes at Mount Carmel this year is the appointment of Tauana McDonald, FACHE, as our new President and CEO. We also welcomed her to our Foundation Board of Trustees, whose engaged and generous leadership guides our work and efforts. Tauana's deep experience and vision for the future of Mount Carmel make her uniquely qualified to lead us forward.

It is your caring, your compassion and your generosity that help make Mount Carmel's mission come to life, changing lives every day. Thank you for ALL that you do!

With gratitude,



Deanna Stewart  
President  
Mount Carmel Foundation



Jim Karam  
Chair  
Mount Carmel Foundation  
Board of Trustees

## Fresh leadership, new vision

**Her appointment as CEO of Mount Carmel Health System on July 1, 2024, brings Tauana McDonald to the helm of the organization at a particularly opportune time.**

*“Post-COVID, where we were focused on the public health crisis at hand, we now have new and better opportunities to grow and thrive. We’ve got the full spectrum of health – acute care, outpatient care, health plan and our nursing college – to meet the needs of our communities now and in the future,”* says McDonald.

McDonald, who has been an executive at Mount Carmel since 2017, most recently served as the President of Mount Carmel Grove City, the newest hospital in the system. “Until moving into the system CEO role, I was focused on Grove City,” she says. “Now I have the opportunity to see the great work that’s going on all across the system. Being out in the community has brought me a new level of understanding about what Mount Carmel means to central Ohio.”

“I’m excited about the growth we’re undertaking. With a new hospital in Dublin opening next year and emergency services being added to our award-winning Mount Carmel New Albany campus, we’re growing exactly where our communities need us to do so. Since our founding more than 138 years ago, we’ve focused on compassionate care that encompasses mind, body and spirit, and we are all excited about expanding our reach and services to meet the needs of our growing community – the 14th largest and the fastest-growing in the nation,” she adds.

McDonald joined the Foundation board when she began her tenure at the health system CEO. “The Foundation is a key strength for the health system, aligned with our priorities of making Mount Carmel where patients want to come for their care, where physicians want to practice, and where colleagues want to work,” said McDonald.

“The Foundation is committed to supporting and funding the extra level of care that patients expect and deserve from us, colleague care, building the workforce of the future, and mitigating the effect of social determinants of health that so many in our community struggle with every day.”

“Caring for this community is a huge responsibility that I don’t take lightly. I am grateful and honored to be in this new role and looking forward to continuing to deliver and elevate the great care that we provide,” says McDonald.



**PEOPLE  
FIRST**

- Inspiration
- Compassion
- Healing
- Hope

## Longstanding partners establish legacy endowment

Emergency Services, Inc., (ESI) a physician-owned emergency medicine services group, has a 50-year relationship with Mount Carmel Health System. Led by President Alan Gora, MD, the company has established an endowment with the Mount Carmel Foundation to support a wide range of emergency medicine needs within Mount Carmel hospitals.

“ESI’s relationship with the Foundation began more than 30 years ago,” says Gora. “Throughout the years, we have supported Foundation events, capital campaigns, the Mount Carmel Mobile Learning Center and most recently, we established an endowment fund. The Emergency Medicine Endowment Fund was created to support the greatest needs that we see in our Emergency Departments (ED).”

Medard “Med” Lutmerding, MD, FACEP, a 38-year employee of ESI, says, “The endowment is another way of giving to the Foundation and directing those funds to areas of importance to emergency medicine. We have used some funds to support continuing education for nurses, including potential practice advancements that will improve patient outcomes.” Lutmerding, while retired from medical practice, is still active in the group’s emergency disaster preparedness efforts.

“Requests for support come from the ED leaders, who works closely with patients and the community to identify unmet needs,” says Lynn Weita, regional director of major gifts. “Mount Carmel colleagues can submit a request for funds from the endowment for review and potential approval by the Allocations Committee.”

One notable project that the endowment supported provided shoes and boots for patients in need. “Many individuals come to our EDs without appropriate footwear,”

says Gora. “Especially in winter, having good shoes or boots can help prevent falls and foot injuries from cold weather. Providing community resources where there is a need, whether it be boots, food or palliative care, is where we want our endowment funds to be used.”

“Social workers in our EDs are tremendous assets to patients,” says Lutmerding. “Whether its clothing, food, access to medication or opioid abuse help, we want to help fill in the gaps for our patients. Equally important is our investment in important and pertinent continuing medical education (CME) activities, so providing scholarships for CME for our nurses and other personnel is a top priority, too.”

“The relationship between ESI and the Mount Carmel Foundation started before my time here,” says Gora. “The endowment gives us a way to expand our partnership and our longstanding history. It’s our way of doing the right thing. We work hard to nurture our relationship with the hospital system, where we have really enjoyed being with Mount Carmel and have benefitted from that.”

It’s our way of giving back,” says Lutmerding. “Our personnel now have a new way to invest directly in care and services and leave a lasting legacy. We encourage everyone at ESI to be part of this effort and we’re grateful for their generous support.”



# TOP PRIORITIES

## Community Health and Well-being



### Lifestyle changes improve health and well-being

Finding a flyer about the von Zychlin Healthy Living Center (HLC) at the local Veteran's Affairs clinic piqued the interest of Ken and Ingrid Weekley to visit and learn more about what the Center had to offer. Seven years later, they are still discovering new and interesting ways to positively impact their health and well-being with the programs and services offered there.

For Ken, a diabetic, the food and nutrition programs, including the popular monthly cooking demonstration, has helped him improve his diet and lose weight. For Ingrid, who struggled with weight loss for 60 years, the HLC helped her finally reach a goal of losing 100 total pounds.

"From the moment we walked in, the staff here treated us like family," says Ingrid. "The smiling faces and sincere greetings make you feel so welcome and appreciated."

Beyond food and nutrition education, both Ken and Ingrid value the interactions at the HLC with physicians, nurses and other health professionals who come to various programs to share advice and answer questions.

For most of the 10 years the Von Zychlin Healthy Living Center has been in place, Ken and Ingrid have been learning – physically and spiritually – about lifestyle medicine. They have participated in everything from mindfulness classes to wellness walks to Tai Chi classes and financial literacy programs.

Maybe more impactful than any class or program, Ken and Ingrid value the "connectedness" they get from being active at the HLC. "Having the relationships that we've built here have really brought me out of my shell," says Ken, who describes himself as an introvert." Ingrid, too, praises the HLC as a place to make friends and build new relationships.

Mount Carmel Foundation proudly supports the von Zychlin Healthy Living Center, an anchor institution in Franklinton, that helps individuals learn how to take an active role in their wellness, especially in preventing and treating chronic disease.

For more information on the HLC, visit [mountcarmelhealth.com/about-us/community-benefit/outreach-programs/healthy-living-center](https://mountcarmelhealth.com/about-us/community-benefit/outreach-programs/healthy-living-center)

## Hospice and Bereavement Care

### Carol's story

"Losing my mother was devastating. The care and compassion we both received at Mount Carmel in her final days and hours were almost indescribable," says Carol Lucas. "I never felt alone and the doctors, nurses and staff treated my mother with such reverence and dignity."

"Two weeks after my mother passed away, I received a call from Annette, a grief counselor at Mount Carmel. Honestly,



the emotional pain I was feeling at that time was almost too big for words," Lucas says. "I felt so lost, was questioning my purpose in life and asking myself, 'why am I still here?' It's not an overstatement to say that Annette saved my life."

"Because counseling was available to me, at no cost, I am now moving through my life with

purpose and new accomplishments," says Lucas. "I don't know how I would have been able to deal with it all. I'm doing better. I have my moments still, but I am better."

### Our care doesn't end when a loved one passes

Mount Carmel's Hospice and Bereavement Care services touched the lives of 20,390 individuals in fiscal year 2024. On average, staff and volunteers interact with 1,700+ people each month, through phone calls, letters, and counseling services. It's important to remember that each of these numbers represents a person, like Carol Lucas, who is coping with transition, change and grief.

Mount Carmel Bereavement Care provides individual counseling, as well as hosting various support groups. These services are available to all community members, regardless of whether their loved one is or was in Mount Carmel's care.

Counselors provide an adult monthly grief support group through an online platform. In addition, counselors offer individual counseling with children and consultation with parents or guardians. These services are provided at no cost to participants, and are supported by generous donors to the Mount Carmel Foundation.

For more information on Mount Carmel's Hospice and Bereavement programs, visit [mountcarmelhealth.com/services/hospice-care](https://mountcarmelhealth.com/services/hospice-care).



# TOP PRIORITIES

## Mount Carmel Dublin



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### Corporate gifts help build Mount Carmel Dublin

With opening day in April 2025 fast approaching, the Foundation's ongoing capital campaign for Mount Carmel Dublin has been generating excitement and earning support from individuals and companies who want support development of this new and exciting Health and Medical campus.

Thank you to the companies below which have generously contributed with leadership gifts to support Mount Carmel Dublin.

- Danis*
- Grange Insurance*
- KEMBA Financial Credit Union*
- Mid-City Electric and Technologies*
- NiSource*
- TP Mechanical*
- VELA Investment Management*

Mount Carmel Dublin will provide patients and families a whole new way of experiencing care that they need. Mount Carmel's health ministry will bring compassionate healing and hope to Dublin and the surrounding area.

For more information on Mount Carmel Dublin, visit [mountcarmelhealth.com/mount-carmel-foundation/mountcarmeldublin](https://mountcarmelhealth.com/mount-carmel-foundation/mountcarmeldublin).

## Nursing Scholarships



### Annual Scholarship and Donor Recognition Dinner connects students with benefactors

Mount Carmel College of Nursing (MCCN) hosted its annual Scholarship and Donor Recognition Dinner on September 19, 2024. This year, thanks to many generous donors, 217 scholarships were provided. The total awarded was \$545,175, with \$488,175 coming directly through the Mount Carmel Foundation.

Foundation President Deanna Stewart shared, "The very first Rachel Zook Memorial Speaker Series event took place during Nurses Week in May. The Zook gift was entrusted to the College and the Foundation during the Our Legacy of Learning Campaign, which raised more than \$3 million for the College. This Speakers Series event, provided at no cost to participants, was the first in what I hope are many opportunities for the Foundation and the College to provide inspiration and education to the central Ohio nursing community."

"We're grateful for our donors' unwavering commitment and generous support of Mount Carmel," she added. "As Maya Angelou said, 'When we give cheerfully and accept gratefully, everyone is blessed.' Thank you."

For more information about MCCN, visit [mccn.edu](https://mccn.edu).





## Mount Carmel College of Nursing charts a new path forward

Guiding Mount Carmel College of Nursing (MCCN) into its successful future is an essential, all-encompassing process that requires planning, disciplined implementation of plan elements, and the entirety of the team working together to achieve goals. Almost from the minute he accepted the role of President, Dr. Todd Ambrosia has been absorbing everything he can about the College, its students, faculty, staff, the health system and the community in order to inform the strategic planning process that's been underway for more than a year.

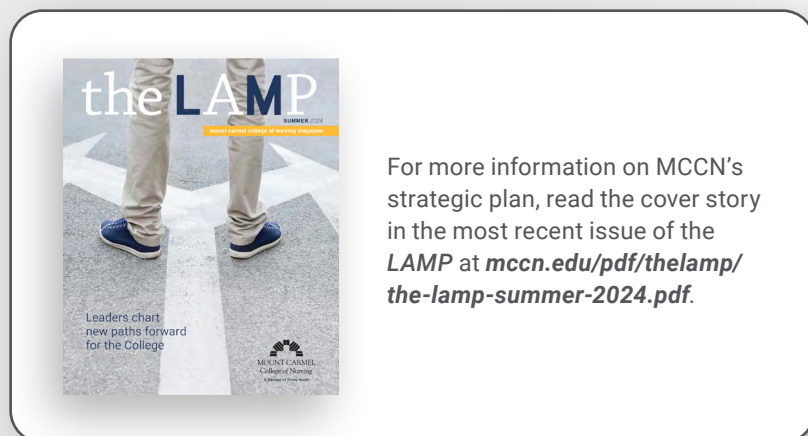
Although all elements of the strategic plan are crucial, the cornerstone of MCCN and its legacy stands in academic excellence. The strategic plan builds on this legacy, creating the opportunity to support the community and the healthcare industry in various ways.

### An initial set of implementation priorities has been set:

- Developing allied health certification programs, including Medical Assistant, Scrub Tech, Pharmacy Tech and Lab Assistant, are being considered as additions to the current offerings
- Offering two-year pre-licensure nurse option, to meet the urgent need for Registered Nurses
  - Exploring the options for diploma or associate degree
- Creating a Bachelor of Science in public health option
- Adding Doctor of Nursing Practice – Nurse Anesthesia track
- Establishing a fully-functioning faculty practice, which would provide revenue for MCCN and stipends for faculty. Potential specializations include:
  - Behavioral health
  - Nurse anesthesia
  - Primary care

“As the President of MCCN, I am thrilled to see our strategic plan come to life after a year of dedicated planning. This is just the beginning of an exciting journey toward a brighter future for our institution and our students.”

— TODD AMBROSIA, DNP,  
MSN, MBA, FNP-BC, FNP  
MCCN PRESIDENT



For more information on MCCN's strategic plan, read the cover story in the most recent issue of the *LAMP* at [mccn.edu/pdf/thelamp/the-lamp-summer-2024.pdf](https://mccn.edu/pdf/thelamp/the-lamp-summer-2024.pdf).





# Surviving and thriving is the goal

It was the holiday season when Robin Leja found a painful lump in her breast. It wasn't the kind of surprise she was hoping for. She was focused on spending time with her husband, children, and grandchildren. But life comes at you fast sometimes, even when you're taking it slow.

Leja was diagnosed in January 2017, had a lumpectomy and reconstruction in March, and started chemotherapy in May. Her beloved garden would have to wait that spring.

"It was a rough time," she recalled. "I was quite ill. I think I had every side effect!"

She started radiation treatments soon after that, then 5 years of hormone therapy. It was a long road. But fortunately, there was a rest stop along the way.

Mount Carmel's Survivorship Programs (formerly known as Haven of Hope) offered a chair yoga class that Leja thought might "get me back on my feet," she said. If it's possible to get back on your feet while sitting down, it did just that. She started going Mondays and Wednesdays and not only built her strength and stamina back but built a little survivorship community, too.

"The social aspect was huge," she said. "I really longed for the connection it brought."

"Treatment changed who I am," Leja shared. "I felt so much better physically after I ended my medication, but the fear of recurrence weighs on my mind. I'm definitely more protective and proactive about my health now, and I probably speak my mind more. But I'm also more compassionate and more aware of how important compassion is in our everyday interactions. We just don't know what's going on in each other's lives. Cancer is rough. You're sad and you grieve sometimes. That's OK. You don't owe the world a smile. But we should all be more compassionate."

She's also grateful to her surgeon, Dr. Shilpa Padia, who kept her so informed and helped her make smart treatment decisions.

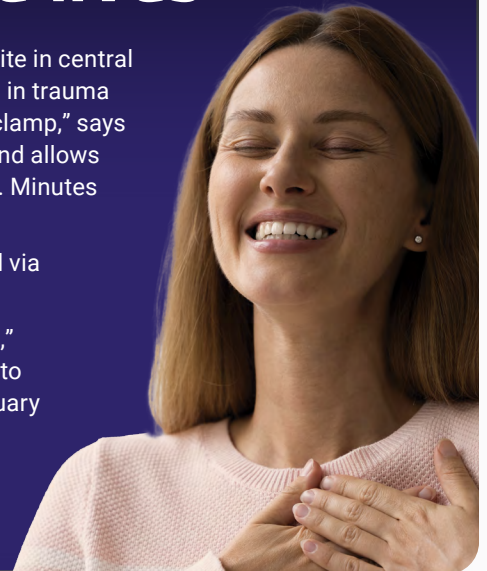
For more information on Cancer services, visit [mountcarmelhealth.com/services/cancer-care/cancer-resources](https://mountcarmelhealth.com/services/cancer-care/cancer-resources)

## Trauma advancements save lives

In fiscal year 2024, Mount Carmel was one of seven sites in the U.S. and the only site in central Ohio approved to use a new technology designed to slow life-threatening bleeding in trauma patients. "Traditionally, we could stop bleeding with a large incision and vascular clamp," says Andy Betz, RN CNP, Trauma program manager. "This new device is less invasive and allows us more time than a clamp, so we, in turn, have more time to save the patient's life. Minutes matter and this is a significant advance in trauma care."

The device — REBOA — resuscitative endovascular balloon occlusion — is inserted via a small incision into the aorta, inflated and stops bleeding below the balloon.

"The Mount Carmel Foundation funding helps us bring these advances to patients," says Stacie Howard, MSN, RN, CNP, director of Patient Care Services. "In addition to supporting our signature Trauma Symposium, which we are bringing back in February 2025, the Foundation helps fund continuing education to keep our health care professionals up-to-date on critical care advancements, including the latest technology and best care practices for patients."





## Mission of Mount Carmel attracts exceptional doctors in training

The Graduate Medical Education (GME) programs at Mount Carmel include 70+ resident physicians and fellows who are advancing their training in family medicine, orthopedics, surgery, internal medicine, geriatrics and obstetrics each year.

“The types of candidates we attract makes Mount Carmel unique,” says Timothy Graham, MD, MHPE, FAAFP, GME, the health system’s GME executive leader. “They are drawn to us because of our mission and our culture of service.”

“We have strong, very competitive programs that are community-based and tied to research,” Graham adds. “Individuals who are enrolled in our programs want to move

the needles forward. They tend to be inquisitive, dedicated to decreasing health disparities, and want to drive early adoption of technology to improve patient care.”

“A number of our programs take mission trips to other areas in need, including outside the U.S., to help them establish their own, sustainable health services,” he shares. “Those efforts, as well as other elements of GME at Mount Carmel, are supported by the Foundation and its generous donors.”

For more information on GME, visit [mountcarmelhealth.com/mount-carmel-gme](https://mountcarmelhealth.com/mount-carmel-gme).

## Volunteers

Each of our volunteers help us realize the mission, vision, and values of Mount Carmel Health System. Volunteers make an impact each date by providing compassionate services as part of Mount Carmel's delivery of exceptional health care.

Fiscal Year 2024 Volunteer Services Impact			
 <b>407</b> Total Volunteers	<b>94</b> New volunteers joined us in FY24	<b>51,286</b> Patients and visitors assisted by volunteer wayfinders	 <b>5</b> Patient vigils held through the <i>MCE No One Dies Alone</i> program
<b>34,063</b> Total Hours of Service	<b>5,043</b> Patients and families supported by Spiritual Care volunteers	<b>\$993,606.92</b> Dollar value of total volunteer service hours <i>(per rate set by The Independent Sector)</i>	<b>22</b> School partnership students receiving hands-on experiences with job coaches
<b>85</b> Volunteer Assignments			

For more information about Volunteer Services, [mountcarmelhealth.com/for-patients/after-your-visit/volunteer](https://mountcarmelhealth.com/for-patients/after-your-visit/volunteer)

## Colleague Giving Campaign demonstrates generosity above and beyond

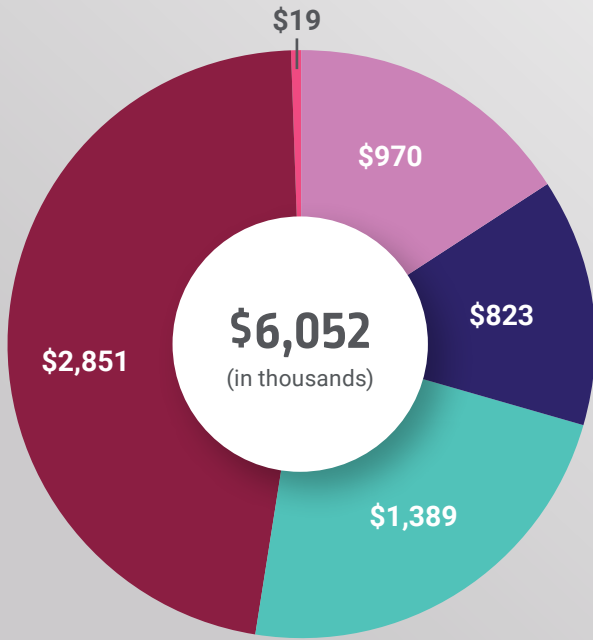


Each year, Mount Carmel colleagues are invited to support the Foundation’s work through the annual Colleague Giving Campaign. Their generosity, demonstrated during 2024 campaign, exceeded the fundraising goal. More than \$459,000 was pledged, and matched at 50 cents on the dollar by the Foundation, bringing the total impact of the campaign to \$688,581. Match dollars will support Community Health & Well-being programs and services. Colleagues can direct their contributions to the programs they most want to support, so funds will be used as directed to support our colleagues, patients, physicians and those most vulnerable in our community. Our amazing colleagues are truly changing lives together!

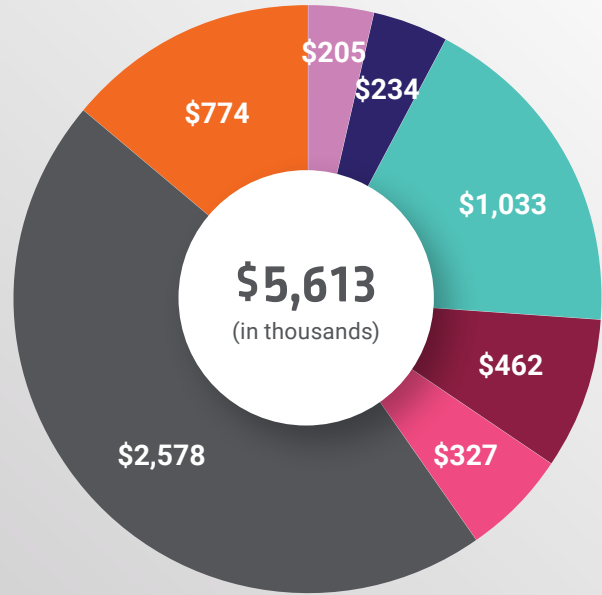
# 2024 FINANCIAL HIGHLIGHTS

## Your support impacts thousands of lives

The generous support of our donors has never before been more needed or appreciated. Thank you for helping us heal body, mind and spirit in the communities we serve.



FY2024 Production Revenue



FY2024 Charitable & Government Grant Expenditures\*

- Cash Gifts
- New Pledge Commitments
- New Grant Commitments
- New FEMA/DHS Grant Commitments
- In-Kind Non-Monetary Donations

- Area of Greatest Need / Other Miscellaneous
- Campus Support & Capital / Equipment
- College of Nursing & Other Education
- Government Grants
- Hospice & Palliative Care
- Community Health & Well-Being Programs
- Women's Health & Other Patient Programs

FISCAL YEAR ENDED JUNE 30, 2024

\*Programs are funded through donor gifts, grants and endowment earnings.

FY24 Total Assets

**\$185M**

# 2024

## MOUNT CARMEL FOUNDATION BOARD OF TRUSTEES



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*We serve together in the spirit of the Gospel as a compassionate  
and transforming healing presence within our communities.*

*The Mount Carmel Foundation stewards contributions in support of the  
Mount Carmel Health System, bringing hope, healing and  
compassionate healthcare to those in need.*

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3100 Easton Square Place, Suite 300 Columbus, Ohio 43219 614-546-4500

[givetomc@mchs.com](mailto:givetomc@mchs.com) [mountcarmelfoundation.org](http://mountcarmelfoundation.org)