People First



A Member of Trinity Health

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There's just something different here. It's the people. For them, it's about more than care, it's about **caring.** We need more of that in the world.



-Bob Eesley

Northwest area residents want what we all want.

We want to avoid disease or illness if possible. We want our surgeries and treatments to be conveniently located. We want access to the best doctors and nurses, receive seamless communication, access state-ofthe-art equipment and enjoy soothing and healing environments, all at lower costs. We want to spend our recovery time in our homes, not in a hospital. Most importantly, we need our care to remain personable and personalized. Maybe that's not so simple...but we believe *it is possible*.

For Mount Carmel colleagues, it begins where it always has, by putting people first. Once established, this healing campus will pioneer the future of physical, mental and spiritual well-being. Here, timeless Catholic values and individualized care will be integrated in a way we've always imagined.



"We take care of you and you take care of us, we're in this together. And that's what Mount Carmel is about."

—Holly Customer Service Representative



"We have that small hospital feel where people are walking through the halls smiling and saying hello."

—Dr. Gravlín Cardiac Electrophysiologist



"I get to develop relationships with my patients and then I get to see them grow and watch their families grow."

—Dr. Padía Breast Cancer Oncologist



"Mount Carmel, driven by our core Mission and Values, cares for patients and their loved ones as if they were our own family."

—Moníca Vice President, Operations



"I approach each of my patients with a warm heart, patience and kindness. I want them to know they don't need to be afraid."

–Jameela Nurse



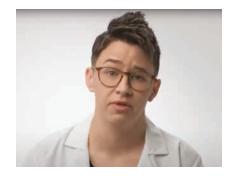
"When you remember details, your patient's know that you know them and that they're not just a number."

—Dr. Barnes Primary Care Physician



"The community has been great, they know we support them but it feels good to know they support us too."

–James Nurse



"I want to treat everybody equally and provide you with the best quality of care. And that's something I've found here."

—Dr. Bane Primary Care Physician



"Smiles can change everything. I want people to see joy in me and I try to pass that on to others."

> *—Paula* Registration



David and Kimberlee Montgomery

How Caring and Care are Inextricably Linked

"I had terrible shakes and felt like I was dying. While at Mount Carmel St. Ann's my tests continued to be inconclusive, but I knew something was seriously wrong. That's a frightening place to be. Sitting there I said to my wife, this is bad, I'm not going to get through this. I thought about who I could

call, I didn't know any doctors. The only name I could think of was Dr. Parker, a recent friendship I had made through a business organization I was in. And my wife says 'you know he's a gynecologist right?' I said at least he can tell me something. So I picked up the phone."

On the phone that night Dr. Parker said "if you feel like you're dying, I'm getting in my car and I'm coming over there." Dr. Parker didn't work at St. Ann's but it turns out he did work for Mount Carmel.

"When Dr. Parker arrived he got one look at me and said 'wow, you weren't kidding." Laughing now, David recalls how that scared him to death. Dr. Parker then asked for permission to look at David's chart and immediately went to work asking for an infectious disease expert and other specialists within Mount Carmel.

That very night they discovered David's recent travels had resulted in a rare form of *E. coli* that's incredibly difficult to identify. Within 24 hours and late into the night, he underwent surgery.

David served as a Trustee for the Mount Carmel Hospital System Governing Board and Foundation Board for ten years. His charisma, wit and positive spirit continue to influence others and serve as a reminder of how caring and care are inextricably linked.

People First. In Action

Our doctors, nurses and staff put people first everyday. Now, a campus that strengthens their ability to personalize care can take the next step. Through technology, communication and coordination, patients and their families have access to a whole new way of experiencing well-being. Imagine care that puts your schedule, your concerns and your lifestyle at the center of your experience.



People First. Principles

Investing in well-being

By investing in a people first approach that promotes prevention, education, nutrition, exercise and mental health, we are in fact lowering the overall cost of healthcare while improving quality of life. To accomplish this, the facility design team and providers are working together to create spaces that encourage routine check ups, provide easy access to emergencies, medications, surgeries and other critical care needs. Well-being is the future of health care and it's only through rethinking the whole patient experience where it can be realized.

Investing in the human experience

Difficult decisions are best made with the accurate information, calming environments, easy to navigate spaces and support staff positioned where patients need them most. Spaces that enable doctors and nurses to do what they do best—listen, communicate and care on a level that has always made Mount Carmel unique.

Investing where people live

The planned location is a 35-acre parcel at the intersection of I-270 and Sawmill Parkway in Dublin, Ohio. Each day, 145,000 cars travel immediately to the south on I-270, with 55,000 vehicles per day on Sawmill Parkway (major north/south artery). From this location residents of the Northwest will gain access to Mount Carmel's uniquely compassionate care.

Investing in our community

A community cannot truly thrive unless all have access to quality healthcare. Mount Carmel is committed to caring for the poor and under-served members ensuring access to basic health services and well-being programs.

A Campus Designed for a Community

Advancements in healthcare tend to outpace our industry's ability to keep up. Seemingly overnight, however, the pandemic forced healthcare to function differently and even expand. This project is the first of its kind to take the lessons we've learned to create a future of care that is agile, innovative and puts the patient's experience front and center.

Each year there are potentially thousands in our Dublin area community who don't access the care they need when they need it, for reasons such as: proximity, affordability, awareness, convenience and because of outdated expectations of what modern care experiences look like. It's time we change that, forever. This facility and approach to caring, is designed to widen the doorway for preventative care, while closing the gaps where people tend to fall through. The goal is design a campus that is beautifully integrated into the natural surroundings, a place where care exists beyond its walls. A place where providers have state-of-the-art technology and patients can access personalized care in a safe, peaceful environment.

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Overview

Mount Carmel Dublin construction began in December 2022. The completed health and medical campus, which is designed to include the highest-priority capabilities for the community. will include: the hospital, emergency department, operating rooms, radiology, pharmacy, lab, on-site physician services, a chapel and dedicated community space. A wellness center and a stand-alone medical office building also are planned for the campus. The hospital is scheduled to open in April 2025.

\$272.7 Million 241,035 Total Sq Ft 35 Acres

Phase One:

- 60 inpatient beds
- 10 short stay beds
- 4 operating rooms
- 1 interventional/cath labs
- Endoscopy suite
- 14 emergency department beds that can rapidly expand to 24 beds
- Diagnostic services including cardiac, neuro, advanced imaging and lab
- On-site physician services
- Community conference space



"Our health ministry is growing to meet the demands of the increasing population and their desire for more personalized and convenient access to care. The Dublin health and medical campus was specifically designed to achieve the best patient outcomes and to get our patients back home as soon as possible. As is the case throughout our health system, services here will be delivered with the radically compassionate care and professionalism that our patients expect from us. Philanthropic support for this project is helping to create an even brighter, more caring future."

> -Tauana McDonald, FACHE President and CEO Mount Carmel Health System



Services to be Provided

Emergency Department

Proximity to quality emergency services saves lives. It also serves as the front door to illness and disease for families who might not access care in other ways. Often, putting people first means putting emergency care at the forefront of neighborhood services.

Primary Care

The cornerstone of modern healthcare still remains access to primary care. Here, a patient and their family's journey begins. A healthcare organization's ability to make this care accessible and comforting has a ripple effect on patients throughout their entire lives.

Orthopedics

Orthopedic issues are the most common reason U.S. patients seek medical care. Young or old, mobility and pain management greatly impact daily lives. Receiving care that is close-to-home, safe, personalized and minimally-invasive not only impacts individual lifestyles but also entire neighborhoods, churches, schools and homes.

Surgical

Imagine being able to receive even the most complex surgeries from the world's most accomplished teams, using the most advanced equipment—just down the street. Ten years ago this would have sounded like science fiction. Today, through robotics, imaging and other technological innovations that will be included in this new campus, we will be able to perform many more procedures near the comfort of home.

Cardiology

Heart disease remains the number one cause of death throughout most of the world and locally, we are no exception. Providing assessments, diagnosis, treatment and ongoing support leads to healthier lifestyles while inpatient services provide wraparound care.

Neurology

As our population continues to see improvements to longevity, quality of life must be considered as well. Brain health becomes a critical factor in healthy aging and quality of life. Providing specialty care for age-related diseases such as Stroke, Alzheimer's and Parkinson's disease is critical in serving humanity.



Marty Johnson

Volunteering Connected Me to a Bigger Community

A care provider introduced Marty Johnson to Mount Carmel's von Zychlin Healthy Living Center inviting her to consider the programs the center offered. At the time, the Center was still very new and only had one staff member but offered several classes that Marty immediately explored. Marty enjoyed the classes including cooking and Thai chi and before long she became

the first volunteer assisting the small staff in opening up, making the coffee, and welcoming participants. "I felt good about what I was doing. I knew I was helping."

Now, years later, the von Zychlin Healthy Living Center has grown to provide a broad set of free classes designed to empower and equip individuals to embrace long-term health behavior changes in a safe, inclusive space. As Marty will tell you, "come for the cooking classes!" because participants will not only learn how to prepare a delicious and nutritious meal, but will also take home the fresh produce and other supplies to make the meal at home with themselves and their loved ones.

Through her years of services as a key volunteer in the Center, Marty became an ambassador for the programs and a critical connection to the community. She joined more classes and began building connections and relationships with others outside of the Center. A staff member suggested she join a board and Marty saw it as yet another avenue to connect more people to healthy living. Marty became the clinicians' partner as she wholeheartedly endorsed the programs and developed trusting relationships with participants. "It is through Mount Carmel and volunteering that I was able to become an integral part of the community."

If you ask Marty about volunteering and getting involved in Mount Carmel, she doesn't miss a beat. "You get back that you put in." She cheerfully adds, "its as good as going to church!"

Mount Carmel Tradition

Recent history has reminded us how important a strong mission is to our organization and the individuals we serve. Our faith-based missionwith a focus on meeting people where they are and healing body, mind and spirit, grounds us to our obligations and responsibilities while also encouraging us all to reach further for our community. This project is about reaching further and faster for all patients and their families. Our unparalleled approach to integrated care, combined with our award-winning ability to innovate and deliver better outcomes, means we are uniquely positioned to advance and transform the model of healthcare in Central Ohio; to preserve the same compassionate and excellent care while making it more comfortable and convenient for patients and their families.

The Role of Philanthropy

Philanthropic dollars are needed to launch this initiative, accelerate the timeline and take this project from an idea to reality. The compassion and excellent care are the standard; however, the capacity and speed in which we build the health compass relies directly on community and donor support. Beyond the dollars, philanthropy the inspired act of altruism - does something even more powerful, even more timeless. It inspires an entire generation, it reminds us of the people and the values worth investing in, it helps us dream and imagine a future where our communities come together and share in a purpose. Philanthropy offers each of us the rare opportunity to make a difference in the lives of others right now and for future generations.



"Our communities need exciting and unique projects like this. Projects that focus on the current and future needs of the people who live there, using the best of the current medical technology advances, while also reflecting an incredible mission. For over 4 decades I have been privileged to see firsthand how our doctors, nurses and employees put others first, and how doing so, creates a ripple-effect throughout our communities. That's special."

- Monsignor Joseph Hendricks Bishop's Delegate for Corporate and Community Relations



Thank You

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> Corrine Burger Co-Chair

www.mountcarmelfoundation.org



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